Balance Out Empowerment
Self Attunement

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Disclaimer: Balance Our Empowerment TM is not a substitute for any health professional, mental health care and/or of the like. As with all vibrational energy work it is in conjunction with these professionals, not as a substitute – and remember to never undertake any type of work without consulting the proper professionals.

BALANCE OUT EMPOWEMENT

This is a simple energy for an energy boost to call upon when you need to balance out things going on in your life – hectic day, running around, lots to do, seem lost or out of control, overwhelmed – you need to get things back into balance.

This energy will help give you a calm sense of energy boost – sounds like the exact opposite I know – but the energy boost actually calms down of the chaos going on in and around your life at any give moment.

You can also send this energy to others for healing and balancing out their issues in their life, but only with permission, either from themselves or their higher selves. This is good to use when you know they are going through a chaotic or hectic time in their life and they need things balanced out, slow down and calm down to get back in alignment and balanced.

There are no symbols with this form, as it is the pure energy in and of itself that is called upon when needed.

The Balance Out Empowerment is a form you can call upon at any time, day or night and is very easy to use as well.

To first be attuned to this form you can simply go into a meditative state and call upon this energy and ask to be attuned to its highest power.

Example: “I am now ready to receive the Balance Out Empowerment set by Nicole Lanning.”

This will begin you first empowerment to this energy!

Once you have been attuned to this energy the first time, you can then call upon this energy at any day and time that is need by simply stating “Balance Out Energy Activate” or “Balance Out Energy On” etc- however you feel most comfortable working with this energy.

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ADDITIONAL INFORMATION

I am offering these new forms to the world to be able to share with those who have an interest in learning as well as those who have a hard time working on channeling or are not as far along in their path. Please respect this healing system and treat it with dignity in which it is presented to the world. YOU MAY NOT CHARGE FOR THIS SYSTEM, AS THIS IS A FREE SELF ATTTUNEMENT SYSTEM! So please respect this system and my time and work in creating this for all to share and use.

There are no prerequisites for the attunement into this system, but of course basic knowledge of energy work is beneficial.

- The Balance Out Empowerment is a *SELF ATTUNEMENT* set in the etheric realms for all to receive! There is no certificate for this form.
- This manual MAY NOT be altered in anyway and should only be given to students of this system. ***IT MAY NOT BE SOLD AT ANY PRICE OR FOR ANY REASON, BUT ONLY TO BE GIVEN COMPLETELY FREELY FOR ALL TO USE AND SHARE!***
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I hope you find that this spiritual energy gift enhances your life and spiritual path. If you have any questions, comments, feedback, etc please feel free to contact me! Nklanning@aol.com or HealingArtForms@aol.com

Many Blessings and
Love and Light to you all!

Nicole Lanning

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