

A Place to Reflect



REIKI PSYCHIC ATTUNEMENT



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What is the Reiki Psychic Attunement?

All Reiki attunements can help with psychic abilities however this attunement is aimed to specifically assist with your psychic gifts.

This attunement helps increase awareness on mental, physical, spiritual and emotional levels. It also helps open and expand your natural psychic abilities and clear the body to help your natural psychic talents to surface.

The Reiki Psychic attunement will NOT give you instant psychic talents but it will help to open you more to allow natural abilities to come through.

Everyone has some psychic ability but a lot of us do not explore this aspect or maybe don't know how to. People sometimes find that their intuition and psychic talents become more open after receiving this attunement. The change can be subtle and could be as simple as finding it easier to make decisions and find direction in life.

The prerequisite to receive this attunement is you will need to be already attuned to Reiki Master

Preparing for the Reiki Psychic Distance Attunement

Just before the arranged time settle yourself down in a comfortable position and place where you will not be disturbed for 30 - 45 minutes. Switch off the phone, ask people not to disturb you and play some soft music if you wish.

Close your eyes once you are ready and say out loud or silently

" I am now ready to receive the "Reiki Psychic Attunement" being sent to me by Melissa Hemmings"

Then simply relax and let the attunement take place.

You may feel warmth or a light breeze, tingling or numbness. You may see colours or sense a presence around you. Or you may feel nothing at all.

Whatever you feel or don't feel the attunement will work.

Most attunements run for about 20 - 30 minutes but some are longer and some shorter so take your time. When you sense the attunement has finished slowly open your eyes and take your time getting up.

Reiki Psychic Attunement Procedure

If you are passing the attunement distantly simply visualise the person sitting in front of you in a chair with their hands resting on their laps and pass the attunement as if you were doing it in person. You may wish to add your own opening words to the attunement to focus your intent. For example "I ask that my guides be with me to assist in passing this distant Reiki Psychic Attunement to....."

There are 3 parts to the Attunement

You will be working with the Crown and 3rd eye Chakras.

The person receiving the attunement rests their hands on their lap.

When visualising the symbols stopping in the middle of the head, this area is straight across from the 3rd eye.

You need to have been attuned to Reiki Master level to receive this Attunement.

1st part from the back.

1. Place both hands on top of the head, meditating for 15-30 seconds to start the Reiki connection with the person.
2. Draw the Master Symbol in the air at the back of the head and visualise it going into the back of the head, stopping in the middle. While this is being done, The Symbols name is said silently one time.
3. Draw the Power Symbol in the air at the back of the head and visualise it going into the back of the head, stopping in the middle. While this is being done, The Symbols name is said silently one time.
4. Draw Long Distance Symbol in the air at the back of the head and visualise it going into the back of the head, stopping in the middle. While this is being done, the symbols name is said silently one time.
5. Draw the Master symbol on top of the Crown Chakra and visualise it going into the top of the head, stopping in the middle. While this is being done, The symbols name is said silently one time.

6. Draw the Power symbol on top of the Crown Chakra and visualise it going into the top of the head, stopping in the middle. While this is being done, The symbols name is said silently one time.

7. Draw the Long Distance symbol on top of the Crown Chakra and visualise it going into the top of the head, stopping in the middle. While this is being done, The symbols name is said silently one time

2nd part from the front.

1. Step to the front of the person.

2. Draw the Master symbol in front of the Sixth Chakra and visualise it going into the 3rd Eye, stopping in the middle of the head. While this is being done, The symbols name is said silently one time.

3. Draw the Power symbol in front of the Sixth Chakra and visualise it going into the 3rd Eye, stopping in the middle of the head. While this is being done, The symbols name is said silently one time.

4. Draw the Long Distance symbol in front of the Sixth Chakra and visualise it going into the 3rd Eye, Stopping in the middle. While this is being done, The symbols name is said silently one time.

5. Lightly blow on the 3rd Eye for a few seconds, and at the same time hold the intent that you are clearing and releasing any blockages in the Sixth Chakra.

3rd part from the back

1. Go to the back of the person.

2. Place your hands on the shoulders and look down into the Crown Chakra, Visualising into the middle of the head, stopping where the Sixth Chakra comes straight across. The affirmation is "This persons Psychic abilities are now fully opened."

3. Place one hand on the Sixth Chakra, and the other on the back of the head. State silently, "I now seal this process with Divine Love and Wisdom" keep hands in that position for several minutes and channel Reiki.

4. Place hands on shoulders and give a blessing which is, "we are both blessed by this process."

5. Move to the front of the person, and ask them to breath deeply and slowly while opening their eyes.

The Reiki Psychic Attunement is Complete.